



MIDDLE FORK ADVENTURES

IDAHO'S PREMIER WILDERNESS RIVER OUTFITTER
COME ADVENTURE WITH US

Trip Information Package

This packet will help you make travel plans, pack appropriately, and answer questions about the logistics of your trip.

Do not be afraid to ask us if you have questions- we know that there is a lot of info here! We are experts on the Middle Fork, and love talking about this place we love!

Call Anytime!

www.MiddleForkAdventures.com
raft@MiddleForkAdventures.com

208-741-3675

Travel Overview:

You trip will begin in Salmon, Idaho, the heart of the Salmon River Valley and Eastern Idaho. Salmon is a small town, but has several shops where you can get last minute items or buy beverages for your trip, multiple lodging and dining choices, and a vibrant river community.

Please plan on arriving in Salmon early enough to make it to your pre-trip orientation meeting at 8 PM. The orientation will be held at the Stagecoach Inn, unless we let you know otherwise.

The next morning we will all head to the airport for the start of our adventures. We will board a backcountry plane to take us to Indian Creek, in the heart of the Frank Church Wilderness Area, where the guides will be waiting for us.

Six days later, the river portion of our trip will come to an end at Cache Bar. Our bus will pick up all the guests and bring everyone back to Salmon, where your trip ends.

From Salmon, it's possible to travel by air or road to Boise, Idaho Falls or Missoula, which all have commercial airports. Jackson Hole and Yellowstone are about 4 hours from Salmon.



Travel Logistics:

Travel Options

- **By Air to Salmon (Pre-Trip)/By Air from Salmon (Post Trip)**

If you are flying a commercial airline to Boise, by far the best travel option is to book a round trip flight with Gem Air. They will fly you from Boise to Salmon before your trip, and then back to Boise after your trip. These flights are a spectacular experience in and of themselves- you will fly right over the Wilderness Area, and get to see just how expansive the Frank Church is!

- Flying saves you about 10 hours driving time, as well as the cost of renting a car and possibly one night's lodging at the end of the trip.
- The air taxi ticket costs approximately \$395/per person (two-way roundtrip), and **must be booked in advance.**

- **By Personal or Rental Car**

Guests traveling by car should plan to meet us at the Stagecoach Inn, in Salmon, ID on the evening before your launch date. Salmon is the closest town to our take-out site at Cache Bar. Salmon is located on Highway 28, about 150 miles south of Missoula, MT. The drive from any direction is scenic.

We are happy to help arrange for your car to be shuttled to North Fork, ID if you're traveling north after the trip. There are several companies that will shuttle your vehicle, and these shuttles usually cost around \$60 per vehicle.

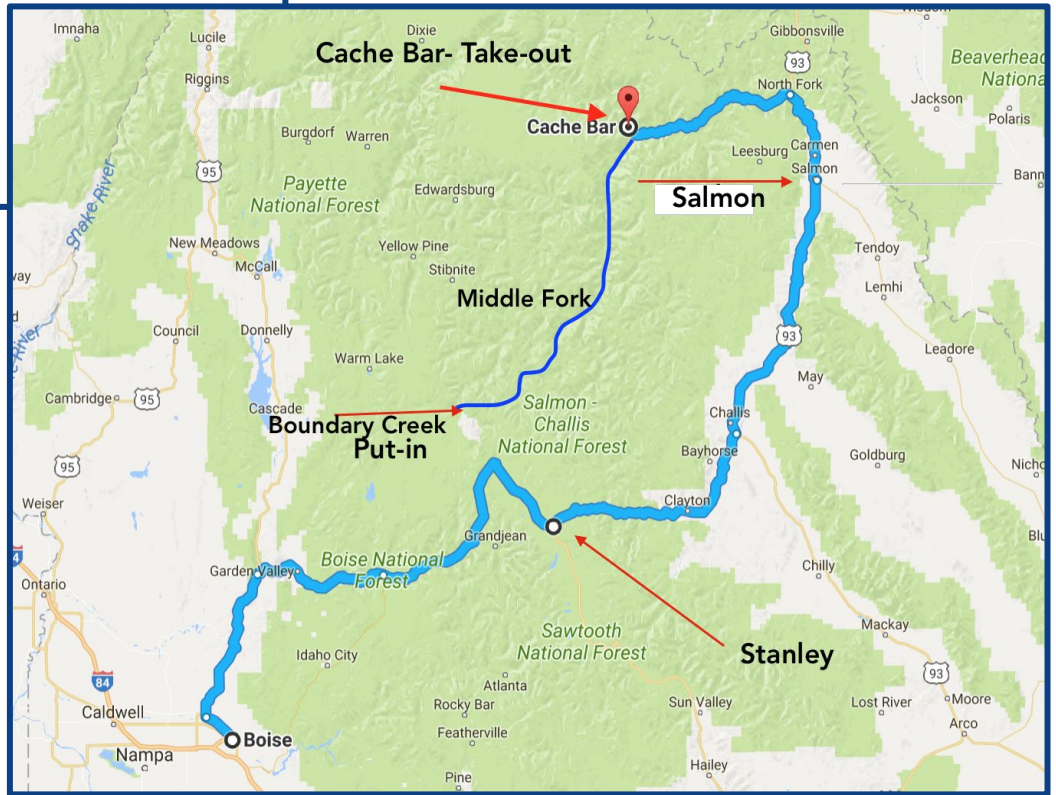
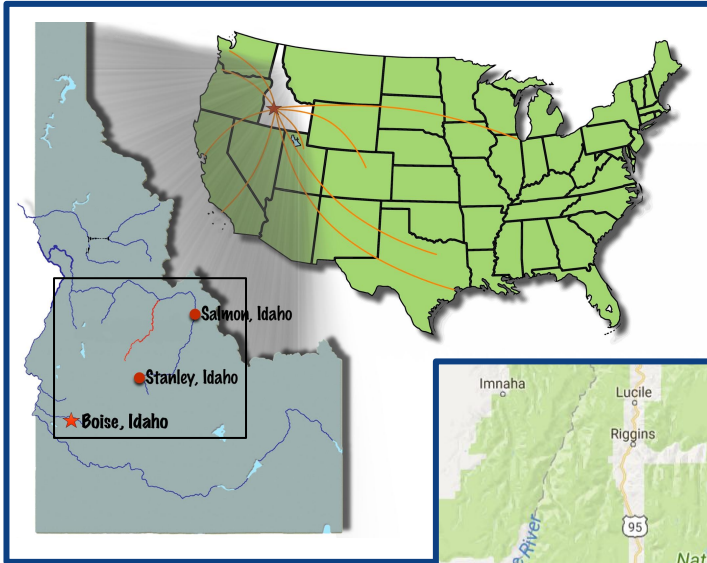
- **By Shuttle Bus**

If you choose to fly to Boise, Missoula, or Idaho Falls, and not rent a vehicle, there may be shuttle services available, several of which are listed at the end of this packet.

If you have special circumstances or questions, just call! We are happy to help you plan your travel, including helping you arrange shuttle or schedule flights. We can also get creative and help you create a travel plan that fits your needs.



Overview:



**MIDDLE FORK
ADVENTURES**

**208-741-3675
Raft@MiddleForkAdventures.com**

All About Boats:

We bring several types of boats on most of our trips, and encourage guests to try every boat and every guide! Water levels, trips size and other factors may dictate bringing or not bringing certain craft. If you have special preferences on your boat of choice, please let us know ahead of time so that we can be prepared.



Oar Boat:

- Operated by a guide
- Carries 2-4 guests
- Carries some gear
- Relax and enjoy the scenery!
- Possible to fish, depending on the number of guests onboard



Paddle Boat:

- Guide steers, and calls commands
- Crew actively paddles & follows directions
- Team up and take on the rapids!
- Carries 2-8 guests
- Lighter and more maneuverable than the Oar Boat- the “sports car” of rafts!



Inflatable Kayak:

- See the river at eye level
- Be the master of your own destiny
- Solo challenge, or team up with our double inflatable kayak



All About Boats:

Fishing Boat Upgrade:

If your focus is fishing the pristine Middle Fork of the Salmon River, please consider reserving one of our dedicated fishing boats! Our fishing boats are 14 foot AIRE's, customized with 2 fishing stations. They carry no extra gear, so they are super lightweight for maneuverability. They make for the perfect fishing platform on the Middle Fork!

Why consider the Dedicated Fishing Boat?



- Carries no camp gear (i.e. **flexible schedule** since you can leave camp early, arrive late, etc)
- Frame is clean keeping snags and tangles to a minimum.
- 2 people can fish at once (**Double the fishing time!**)
- Our fishing boats are more **comfortable** than most. Both seats have high back support, there are solid floors to stand on, and leg rests to lean on while casting.
- The AIRE fishing boat is lighter, more maneuverable & made of flexible material making it **quieter** and more forgiving when scraping over ledges or rocks than wood or aluminum drift boats. The fish will never hear you coming!
- While we consider all of our guides to be the best in the industry, our dedicated fishing boats also have **dedicated fishing guides**. These guides are not only amazing river guides, but are also experienced fishing guides.

Our Dedicated Fishing Boats **must be booked in advance** so that the guides are prepared with the correct equipment! Because of the guide to guest ratio, there is an additional cost for this service, and this option must be booked in pairs. Please call us for more info.

Lodging

Stagecoach Inn -

We recommend that everyone arrange lodging at the **Stagecoach Inn**, in Salmon, ID for the **evening prior to you launch date**. The pre-trip orientation will take place at the **Stagecoach Inn**, overlooking the Salmon River.

When booking, be sure let the Inn know that you are with Middle Fork Adventures. **Please book your rooms far in advance** as there can be times when the whole town gets booked solid.

We will hold a **Pre-Trip Orientation** at the **Stagecoach Inn** at **8:00PM** the evening prior to your launch date. This is where you will meet your Trip Leader and be issued your dry bags for your personal items.

Contact Information for the Stagecoach Inn:

www.stagecoachinnmotel.com

208-756-2919

Other Lodging in Salmon -

You may choose other lodging in Salmon, but please plan on meeting at the **Stagecoach** the evening before your trip launches for the Pre-Trip Orientation, and the following morning to meet the shuttle bus for the ride to the airport. Double check with your lodging choice that they are **within walking distance** or arrange a shuttle if you don't have a car!

After the Trip

Don't forget about your lodging after the trip! Depending on your return flight times and where you live, it is possible to be back home the evening your trip ends. However, we **highly recommend** taking your time to re-acclimate to the "real world" by staying the evening in Salmon and heading home the next morning.



Packing For Your Trip

What Middle Fork Adventures Provides:

- | | | | |
|--|---|---|---|
| <input checked="" type="checkbox"/> Wetsuits | <input checked="" type="checkbox"/> Life Jacket & Helmet | <input checked="" type="checkbox"/> Big Dry Bag | <input checked="" type="checkbox"/> All Food |
| <input checked="" type="checkbox"/> Oversized Tent | <input checked="" type="checkbox"/> Sleeping Bag & Pillow | <input checked="" type="checkbox"/> Medium Dry Bag | <input checked="" type="checkbox"/> Wine w/Dinner |
| <input checked="" type="checkbox"/> Camp Chair | <input checked="" type="checkbox"/> Sleeping Pad & Cot | <input checked="" type="checkbox"/> <u>Basic</u> fishing gear | <input checked="" type="checkbox"/> All Camp Dishes |

What You Should Bring:

River Clothes:

- Bathing Suit
- Quick drying, long sleeve shirt
- Rash Guard (optional)
- Footwear (Must stay on, No flip-flops)
- Rain Jacket and Pants
- Lightweight Long Underwear Layer
- Mid- to Heavy-Weight Fleece Layer
- Sun Protection (Hat, Sunscreen, etc.)

Camp Clothes:

- Quick Dry Shorts (1-2)
- T-Shirts (2-3)
- Shorts/Pants for camp (1-2)
- Hiking Shoes/Camp Shoes
- Undies & Socks (2-5; wool/synthetic)
- Warm Hat & Gloves
- Sarong or Towel

Suggested Toiletries/Meds:

- | | |
|--|---|
| <input type="checkbox"/> Wet Wipes | <input type="checkbox"/> Extra Contacts |
| <input type="checkbox"/> Kleenex | <input type="checkbox"/> Contact Solution |
| <input type="checkbox"/> Lotion | <input type="checkbox"/> Shampoo/Bodywash |
| <input type="checkbox"/> Deodorant | <input type="checkbox"/> Face Wash |
| <input type="checkbox"/> Q-tips | <input type="checkbox"/> Toothbrush |
| <input type="checkbox"/> Brush/Comb | <input type="checkbox"/> Toothpaste |
| <input type="checkbox"/> Hair ties | <input type="checkbox"/> Floss |
| <input type="checkbox"/> Nail Clippers | <input type="checkbox"/> Chapstick |
| <input type="checkbox"/> Tylenol/Ibuprofen | <input type="checkbox"/> Benadryl |
| <input type="checkbox"/> Insect Repellent | |

Pack liquids in ziplock bags, just in case.

Miscellaneous:

- | | |
|--|--|
| <input type="checkbox"/> Water Bottle | <input type="checkbox"/> Day Pack (optional) |
| <input type="checkbox"/> Headlamp | <input type="checkbox"/> Sunglasses w/strap |
| <input type="checkbox"/> Spare Headlamp | <input type="checkbox"/> Spare Sunglasses |
| <input type="checkbox"/> Book/Journal | <input type="checkbox"/> Waterproof Camera |
| <input type="checkbox"/> Spare Batteries | <input type="checkbox"/> Music** (See Note) |

What NOT to Bring:

While not forbidden, we'd hate for something to happen:

- | | |
|---|--|
| <input checked="" type="checkbox"/> Expensive Jewelry/Watches | <input checked="" type="checkbox"/> Wedding Rings |
| <input checked="" type="checkbox"/> Expensive Cameras/Electronics | <input checked="" type="checkbox"/> Anything that can't get sandy or wet |

A note on electronics. . .

We all love a little bit of music, but please be considerate of your fellow adventurers in terms of selection and volume. This is an opportunity to unglue ourselves from our screens. Take the opportunity to listen to the music of the water, the wind, the birds. If you must make a satellite phone call, please do so out of sight and earshot from others, and do not share news of the outside world without first talking with the Trip Leader.

Packing For Your Trip

Fishing Equipment:

We bring a small selection of fly-fishing equipment on our trips. If you are a beginner and would like to try your hand at catching one of our Westslope Cutthroat Trout, our gear will be perfect for you. Guides are happy to teach the basics of casting on the trip.

If you are an avid angler, you will likely be happier with your own equipment. Below are some recommendations on what to bring, some general tips on the fishery, and some reminders for everyone about fishing on the Middle Fork of the Salmon.

Middle Fork of the Salmon Fishing Notes:

- Idaho Fishing License REQUIRED** for anyone who will fish. You can get your license in Stanley, but some stores only take cash or check for fishing licenses. The easiest is to get your license online while you're still at home: <https://idfg.huntfishidaho.net/login>
- Catch and release ONLY.** Help us keep this amazing fishery healthy!
- Single, Barbless Hooks ONLY.** Don't forget to crimp all your barbs before you come!
- 4 or 5 weight rod and a dry line are perfect.**
- Standard western dry fly patterns (sizes 8-16) generally do well:**
 - Royal Coachman -Renegade -Yellow Humpie -Adams Irresistible
 - Elk Hair Caddis -Orange and Royal Stimulator -Joe's Hopper
- The Muddler Minnow (size 8),** fished just below the surface, is also an excellent choice.
- Fish are mostly not leader shy** and a tapered leader with a 4X tippet is adequate.
- Big Hoppers cast right in the grass** can be very effective once temps start to rise.
- Nymph-Fishing can be a great.** We all love the thrill of seeing a big trout strike a dry fly on the surface, but some days they're just hanging out deep. Keep your mind open to nymphing and you'll have more good opportunities to catch great fish on the Middle Fork!
- A hard rod case is a good idea.** Lots of feet climbing in and out of boats mean that accidents do happen. Protect your rod with a hard case!

General Fishing Reminders:

- Don't handle the fish.** Getting caught is stressful, and we want to sustain a healthy fishery by releasing fish in good condition.
- Get your hands wet.** If you must handle a fish to release it, make sure your hands are wet first to protect the fish.
- Keep fish in the water.** Fish breathe in the water. Imagine running a couple miles, then getting held underwater for a few minutes while someone tries to take your picture. Get the picture?



Notable Numbers

Travel Protection:

We recommend that you purchase a travel protection plan to help protect you and your travel investment against the unexpected. For your convenience, we offer travel protection through Travelex Insurance Services. For more information on the available plans or to enroll, go to www.travelexinsurance.com or contact Travelex at 800-228-9792 and reference location number 12-0048.



Travelex Insurance Services, Inc CA Agency License #0D10209. Travel Insurance is underwritten by, Berkshire Hathaway Specialty Insurance Company, NAIC #22276.55Y

Shuttle Services

Caldwell Transportation	800-727-9925	https://www.ctcbus.com/
Blackadar Boating	208-756-3958	www.blackadarboating.com
Sawtooth Transportation*	208-869-2536	http://www.sawtoothtrans.com

Air-Taxi Services

Gem Air	208-756-7382	www.gemairflights.com
Sawtooth Flying Service	208-630-3646	www.sawtoothflying.com

Lodging in Stanley, ID

The Mountain Village Lodge*	208-843-5475	www.mountainvillage.com
Triangle C Cabins	208-774-2266	www.trianglecranchlogcabins.com
Danners Log Cabins	208-774-3539	www.dannerslogcabins.com

*We recommend The Mountain Village Lodge as our shuttle arrives and departs from this parking lot.

Lodging in Salmon, ID

Stagecoach Inn	208-756-2919	www.stagecoachinnmotel.com
Super 8	208-756-8880	www.wyndhamhotels.com
Syringa Lodge	208-756-4424	www.syringalodge.com



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